

First aid training is no different to any other work activity & must meet all COVID-Safe standards. Even if your workplace is safe for carrying out normal work activities it may not be appropriate to hold first aid training at your premises. The following factors must be considered when assessing whether the training can take place at your premises:

## **1. Is the training room suitable?**

When identifying a suitable training room for the purposes of first aid training you should consider the room size and available floor space using these points:

- To meet social distancing guidelines each participant will be assigned their own work space for the duration of the course which is 4m<sup>2</sup> / person. This must include all participants & the trainer.
- You must also allow sufficient space for the participants and trainer to move to & from their work space for going to the toilet, washing hands & entering or leaving the room.
- The room layout should include chairs that all face in the same direction towards the trainer & a space immediately in adjacent to each chair for a floor mat & CPR manikin that is still within their individual 4m<sup>2</sup> work space.

## **2. Can the training room be suitably ventilated?**

Good ventilation can help reduce the risk of spreading coronavirus, so the room should be suitably ventilated with fresh air flow from mechanical systems or by opening windows & doors.

## **3. Can the training room be suitably cleaned & sanitised?**

It is expected that all high touch areas are sanitised thoroughly prior to our arrival. This should include door handles, door pushes & door frames, floors & chairs.

## **4. Are staff able to adhere to close-contact measures?**

First aid training does involve close-contact with other people, for example when practicing how to move someone into the recovery position. Although we have taken significant measures to reduce the frequency of close-contact there are still times when, for assessment purposes, we will require learners to practice on each other. To mitigate cross-contamination we will expect each person to wear a visor, suitable face covering (i.e. 3-ply) & thoroughly sanitise hands or wear gloves throughout.

As part of your risk assessment you must consider whether this type of training is an appropriate risk for your setting & whether your staff are comfortable with the training. It is not appropriate to view someone as a lower risk if they are in a work / teaching bubble when carrying out close contact work. The same risks are present & the same mitigation measures should be in place.

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